RECREATION DESCRIPTIONS

All recreation requests need to be made at least two weeks in advance through the Tall Timbers office. Requests made inside of two weeks may be accommodated, but are not guaranteed. All events requiring a Tall Timbers Assumption of Risk form must be submitted by group members at check in.

ADVENTURE RECREATION

Adventure Race: Similar to low ropes, but on fast-forward! This activity puts your group into teams competing to complete a number of obstacles. We typically do this around the outdoor lake trail but it can be modified. It's a great combination of adventure challenges and racing against time.

Challenge Course (Low Ropes): The Low Ropes Course is a great way to help your team get to know each other, build confidence and trust, and encourage learning about many aspects of life. None of these elements exceed 24' heights, and not all activities use a physical element. We have a variety of challenges to meet the different physical abilities of many groups.

Challenge Course (High Ropes): The High Ropes Course is a series of challenges roughly 30 feet above the ground. Our course includes a rock wall, 2 high element crossings, ending with the zipline. We also have two individual elements; flying squirrel as well as power pole These high elements will stretch your team to new levels of personal confidence and group unity.

Bazooka Ball Group Play: This is a fun-for-all-ages competitive game where groups are split into teams. Under the supervision of our referee, the groups shoot soft golf-ball sized balls at each other in a 40 by 75 foot arena with barricades. Typical team size is 8 per team or fewer. We provide safety glasses. Schedule at night time for a black light option.

Archery Tag Group Play: This is the newest and coolest activity around! Two teams of 8 face off in a dodgeball-type game where they shoot out the opposing team with bows and arrows. All participants wear a face mask and the arrows have a soft round foam tip, shaped like a marshmallow.

CUSTOM RECREATION EVENTS

Customized recreation events can be arranged per group request. Our creative recreation staff has come up with everything from scavenger hunts to geocaching activities. Prices will be determined by the number of employee hours required and any special supplies needed.

WATER ACTIVITIES

To enhance safety, all aquatics activities are available based on the availability of Tall Timbers trained lifeguard staff. Swimming is not permitted in the lake.

Swimming Pool:

- Open during the summer season (May to Labor Day)
- Lifeguards are required and provided by Tall Timbers. Groups are not allowed to use own lifeguards, or choose not to have them.
- Free to overnight conference guests. \$100 per hour for day groups.
- Exclusive use is guaranteed, but we must have your conference schedule with times.

Kid Kayaks:

- Open during the summer season (May to Labor Day)
- Lifeguards are required and provided by Tall Timbers. Groups are not allowed to use own lifeguards or choose not to have them.
- Personal floatation devices are provided and required.
- Weight Limit of 120 lbs. per kayak
- Free to overnight conference guests. \$75 per hour for day groups.
- Exclusive use is guaranteed, but we must have your conference schedule with times.

Fishing:

 Registered guests of Tall Timbers may fish from the shore or from the pedal boat dock when boats are not in use. Please bring your own equipment.